

Ways in which Sex Will (Not) Change In 2022

Here are LELO's 2022 sex trends.

It is hard to imagine that we are at the brink of 2022 when it seems that 2020 was only a few months ago. Pandemics has been wreaking havoc in all aspects of our lives for almost three years and it shows little signs of stopping. And once it stops, no one can truly predict what repercussions it will have on things going back to what is called "normal." Yet, working for a sexual wellness giant means that we can predict sex trends with great accuracy. And, luckily, "normal" and *vanilla* here has never encompassed more things than it does now. So, let's get to it.

Outercourse

With life at a distance becoming the norm, outercourse is becoming an ever so popular idea - the option for sexual activity without intercourse that means different things to different people. Be it everything except PIV, no penetration of any kind (fingers, toys, anal), be it just dry humping or a massage, mutual masturbation etc., outercourse is presenting itself as a safe sex alternative as it clearly establishes boundaries around any activity that can cause pregnancy, transmit STIs or COVID. Whatever your definition of it depends on your reasons for trying it. And because of this, it may just prove to be the best new trend of them all.

Heteroflexibility

If the last two years have taught us anything is that life is pretty uncertain and it is our right to spend catering to our desires. Female desire and orgasm are little understood phenomena, but it does seem apparent that women can be quite flexible when it comes to what feels good to them. As our understanding of sexuality evolves, an important part of a personal relationship with one's own sensuality and pleasure is to explore various aspects of your sex life. So, if you are "mostly straight", but occasionally find yourself attracted to the same gender, romantically or sexually or both, embrace it. Every heteroflexible person is different, and their experiences may look different. But, what they do have in common is that they help you to make sense of yourself. And that is precious and worth exploring.

Anal toys

Now that anal play and pleasure has become more common than ever before, it is time to take it up a notch and talk about anal toys. Surely, anal toys are nothing new, but we rarely hear about all of the people who wear butt plugs outside their bedroom, men and women who enjoy rimming, or straight men who love being pegged. Sounds interesting? Well, then break the taboo and start enjoying the bum fully! Anal toys could be the extra addition to your everyday sex life that you never knew you needed! Just always remember that lube is non-optional, pacing yourself adds to the comfort and the erotic intensity and that any toy used for anal must have a flared base and be cleaned or covered with a condom before going into any other orifices.

Pegging

And now for something completely ... well similar. Pegging is penetrating someone using a strap-on, typically a combination of a harness and a dildo. It can also be done with a harness-free dildo, or it can be done with a handheld vibrator, like a prostate massager. Pegging, the act of a man receiving anal sex from a woman usually wearing a strap-on dildo has been gaining currency in sexual circles for years. But now, it seems like the secret's out, with increasing numbers of mainstream news sites reporting on it. 2022

might be the year the wave breaks and pegging makes it into vanilla bedrooms, in the same way, that the prostate massage did way back in 2016.

Back to basics

There's never been a better time in history to have a clitoris than 2021. And, this is again true in 2022. We know and love the Sensonic technology or suction toys. It is heaven! But what about making direct contact with the clitoris? Even though it has been the subject of much scrutiny and confusion ever since we got reacquainted with it, what we undoubtedly know is that the clitoris typically loves to be stimulated with a variety of rhythms. Instead of just rubbing up on the clit, consider using rotating motions that imitate the light finger touch, provide precise stimulation and light pressure on the clitoral hood. After all the natural circular motion of a fingertip is hard to beat, and why would you even try it. Especially, if you can experience a better take on it. After all the fancy moves (the kneading, pinching, swirling, stroking, tapping on and around it), it is time to go back to oldies goldies.